

Answers · Progress check · Unit 2 · Keeping Fit · English

Exercise 1 · I'm Healthy, I'm Happy (4 mk)

- 1) Your friend is thirsty. You say: → **c) You should drink water.**
- 2) Which word has ph? → **b) elephant**
- 3) Lots of means... → **b) a lot of / many**

Exercise 1: Your friend is thirsty. You say: → **You should drink water..** Water is the best drink. Which word has ph? → **elephant.** ele-ph-ant. Lots of means... → **a lot of / many.** Lots of water = a lot of water.

Exercise 2 · I'm Healthy, I'm Fit (4 mk)

- 1) Which word has a silent b? → **c) thumb**
- 2) Which sentence is correct? → **a) She is excited.**
- 3) The opposite of fit is... → **b) unfit**

Exercise 2: Which word has a silent b? → **thumb.** We say /θʌm/. Which sentence is correct? → **She is excited..** be + adjective. The opposite of fit is... → **unfit.** un- + fit.

Exercise 3 · How to Stay Fit (4 mk)

- 1) How many eggs does Omar buy? → **c) six**
- 2) Which question is about oil? → **c) How much oil do we need?**

Exercise 3: How many eggs does Omar buy? → **six.** Six eggs. Which question is about oil? → **How much oil do we need?.** oil is uncountable.

Integration task · Sana Is Ill (8 mk)

- 1) What is wrong with Sana? → **b) she has a headache and a sore throat**
- 2) Her mum says she should: → **c) drink hot water with lemon and go to bed early**
- 3) “You mustn’t eat too many sweets” means: → **a) it is not good, don’t do it**
- 4) How often does Sana run? → **a) three times a week**
- 5) We say “I have a headache”: we use “have a” with: → **b) an illness**

Integration task: What is wrong with Sana? → **she has a headache and a sore throat.** Her mum says she should: → **drink hot water with lemon and go to bed early.** “You mustn’t eat too many sweets” means: → **it is not good, don’t do it.** How often does Sana run? → **three times a week.** We say “I have a headache”: we use “have a” with: → **an illness.**

